# **Starting Nursery**

## **Health and Safety**

Our primary concern is always the health and safety of the children in our care, especially;

- Collecting and dropping off times
- Risk Assessment of all trips and outside activities e.g. removing risks from the garden area
- Hygiene e.g. washing of hands after using the toilet and messy activities, and prior to snack and lunch times.
- Extensive policies on what to do when your child is ill

### The first days

At Hook Village Nursery we will discuss with you, the parent/carer the best way to help settle your child in with the day to day running of the nursery session.

A child who is tense or unhappy will not be able to play or learn properly, so it is important for parents and Nursery staff to work together to help the child fee confident and secure in the setting. This may take longer for some children than others and parents should not feel worried if their child takes a while to settle.

## What to wear

In order to feel free to explore and experiment with all kinds of materials, including messy one, it is advisable to send children dressed in easy, comfortable clothes which are easily washable and labelled with your child's name. You will also be provided with one polo shirt bearing the Hook Village Nursery logo once your child starts the Nursery. It is advisable to wear this on the days that they attend sessions so that home clothes do not get ruined. Additional items are available at low cost from Uniformeasy.co.uk and Tesco Clubcard vouchers can be used as a form of payment.

It is good for children to develop confidence by practising the skills that will make them independent: simple clothing that they feel they can handle themselves will enable them to go to the toilet, dress/undress when they need to (including socks/shoes) without being too dependent on other people's help.

Please can your child wear suitable footwear, due to the weather and climbing equipment. Sometimes it may be appropriate for wellington boots to be worn to Nursery – if so, please can you bring trainers/shoes for indoor play activities. Wellington Boots are provided by the Nursery for your child to use outdoors during sessions.

### **Lunchtime**

Lunchtime starts at 12pm for all children. Those children who attend the afternoon session or all day will need to bring their own packed lunch. We require that parents/carers provide a healthy packed lunch for their child and ask that no sweets or chocolate be included in their packed lunch. In line with recent safety concerns, we ask that should you wish to include grapes in with your child's lunch, then to please in half lengthways to reduce the risk of choking.

If your child attends the morning session only and you would like them to stay for lunch, this can be offered for an additional £2.50 per lunch session and your child will remain at Nursery until pick up at 1pm.

### Moving to School

We have an excellent established relationship with Hook Infant School. In the year before they start school, the children are invited to watch the Infant Christmas Nativity and attend storytime with some of the Year R teachers, as well as the Head Teacher and Year R Teachers visiting the Nursery. On 'Move Up Day' the children get the opportunity to meet their teachers.

We hope very much that your child's time at Hook Village Nursery will be a very happy and productive one. If you have any queries or if we can be of help, please contact a member of staff or Committee at any time.