

Safeguarding and Welfare Requirement: Safety and suitability of Premises, Environment and Equipment. Providers must take reasonable steps to ensure the safety of children, staff and others on the premises. Health: The provider must promote the good health of children attending the setting.

Health and Hygiene Policy Inc. Sun Safety

Policy statement

Hook Village Nursery operates a no smoking policy. It promotes a healthy lifestyle and a high standard of hygiene in its day-to-day work with children and adults. This is achieved in the following ways.

EYFS Key Themes and Commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
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Characteristics of Effective Learning

Playing and Exploring Engagement	Active Learning Motivation	Creating and Thinking Critically - Thinking
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Procedures Illness

- Parents/carers are asked to keep their child at home if they have any infection, and to inform the Nursery as to the nature of the infection so that the Nursery can alert other parents/carers, and make careful observations of any child who seems unwell.
- Parents/carers are asked not to bring into the pre-school any child who has been vomiting or had diarrhoea until at least 48 hours has elapsed since the last attack.
- Parents/carers are asked to let Nursery know if their child contracts a notifiable disease.
- Ofsted will be notified of any food poisoning affecting 2 or more children looked after on the premises, any child having meningitis, or the outbreak of any notifiable disease. (See Public Health Infectious Diseases Regulations 1988.)
- The Nursery will ensure that the first aid equipment is kept clean, replenished and replaced as necessary. Sterile items will be kept sealed in their packages until needed.

Sun Protection

Hook Village Nursery encourage staff and children to enjoy the sun safely, as they benefit from having free access to the outside learning area, Woodland Garden and regularly visiting the neighbouring field/parks. During the months of March to October it is a necessity that parents provide their child/children with a good quality named sun hat each session their child attends (Legionnaire or floppy brimmed hats provide the best sun protection).

Parents must ensure their child/children are adequately covered in SPF30 sun cream before attending Nursery sessions however the staff will apply sun cream to all children throughout the day, as deemed necessary, as long as the parent/carer has signed the appropriate permission slip.

Children without sun hats may be prevented, for their own safety, from participating in outdoor activities or having their unlimited access to outside areas restricted, especially if already showing signs of sun burn (pinkness, peeling).

Throughout these months staff will optimise the shaded areas provided by the building and trees and create additional sheltered areas within our garden by providing 'Den' making materials and draping various materials to protect areas from direct sunlight. Staff will continually monitor children for signs and symptoms of over sun and heat exposure and will act accordingly by bringing the child inside, encouraging them to drink and sit quietly and/or phoning the parent to collect if needed. The staff will ensure there is a continuous supply of fresh drinking water that children can freely access at all times of the session.

We recognize sunburn as a burn that is preventable, painful and can cause lasting consequences. That is why we will record all sunburn presented on arrival to the setting or noticed before access to the garden in our 'Existing Injuries book' which documents the day, time, reason and will be signed by both the manager or leader of the session and parent. Within the 'Registration Pack' is a 'Sun Safe letter' detailing our commitment to Sun Safety and the partnership needed with parents. Parents are required to sign their agreement and return their signed consent before their child's first day.

In winter, autumn and in all weathers children still have free access to our garden so please ensure your child/children have appropriate clothing so they can fully participate - e.g. a named warm and/or waterproof coat, wellingtons or footwear to keep their feet dry and layers of clothes to keep them warm.

Information sources

- Parents/carers will have the opportunity to discuss health issues with Nursery staff and will have access to information available to the Nursery.
- The Nursery will maintain links with health visitors and gather health information and advice from the local health authority, information services and/or other health agencies.

Jewellery

For safety reasons, children will be discouraged from wearing jewellery to pre-school. Children may be asked to remove jewellery that is considered unsafe.

Hygiene

To prevent the spread of all infection, adults in the group will ensure the following good practices are observed:

Personal Hygiene

- Hands washed after using the toilet.
- Children with pierced ears are not allowed to try on or share each other's earrings.
- Tissues will be available and children encouraged to blow and wipe their noses when necessary. Soiled tissues will be disposed of hygienically.
- Hygiene rules related to bodily fluids followed with particular care and all staff and volunteers aware of how infections, including HIV infection, can be transmitted.
- Children encouraged to shield their mouths when coughing.

Cleaning and clearing

- Any spills of blood, vomit or excrement should be wiped up and flushed away down the toilet. Disposable gloves and aprons are always to be used when cleaning up spills of bodily fluids. Floors and other affected areas will be disinfected using chlorine or iodine bleach diluted according to manufacturer's instructions.
- All bodily waste which is disposed of in the black bin is documented in the 'Bodily Spills Book' which is kept by the changing mat in the bathroom.
- Spare laundered pants, and other clothing, are available in case of accidents and polythene bags are available in which to wrap soiled garments.
- All surfaces are cleaned daily with an appropriate cleaner.
- All dirty nappies are to be disposed of in the nappy bin provided and logged in appropriate log book.

Food

The Nursery will observe current legislation regarding food hygiene, registration and training. In particular, each adult will:

- Ensure waste is disposed of properly and out of reach of the children. Keep a lid on the dustbin and wash hands after using it.
- Always wash hands under running water before handling food and after using the toilet.
- Not be involved with the preparation of food if suffering from any infectious/contagious illness or skin trouble.
- Wash fresh fruits and vegetables thoroughly before use.
- Keep all utensils clean and stored in a dust-free place, e.g. closed cupboard or drawer.
- Never cough or sneeze over food.
- Never use cracked or chipped china, plastic or other materials.
- Use different cleaning cloths for kitchen and toilet areas.
- All meals and snacks provided will be nutritious and pay due attention to children's particular dietary requirements.
- When cooking with children as an activity, the adults will provide healthy, wholesome food, promoting and extending the children's understanding of a healthy diet.

Staff Health and Safety Staff should:

Be aware of how to move/carry heavy items/equipment. Not to be handled alone. Abide by handling and lifting procedures discussed regularly at staff meetings. ☑ Use steps rather than the chairs when reaching for equipment or when opening windows.

Legal framework

Children Act (1989 s47), Protection of Children Act (1999), The Children Act (Every Child Matters) (2004), Safeguarding Vulnerable Groups Act (2006), Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR 1995)



Signed on behalf of Hook Village Nursery
Chairperson

Updated October 2021